**Commentary** •

DenAl Summit: The monk, the mayor, and the ethical mandate

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Venerable Tenzin Priyadarshi and Denver Mayor Mike Johnston's fireside chat was a playbook for AI with timeless lessons for everyone: ethics first, embed empathy and trust, and be the hope.

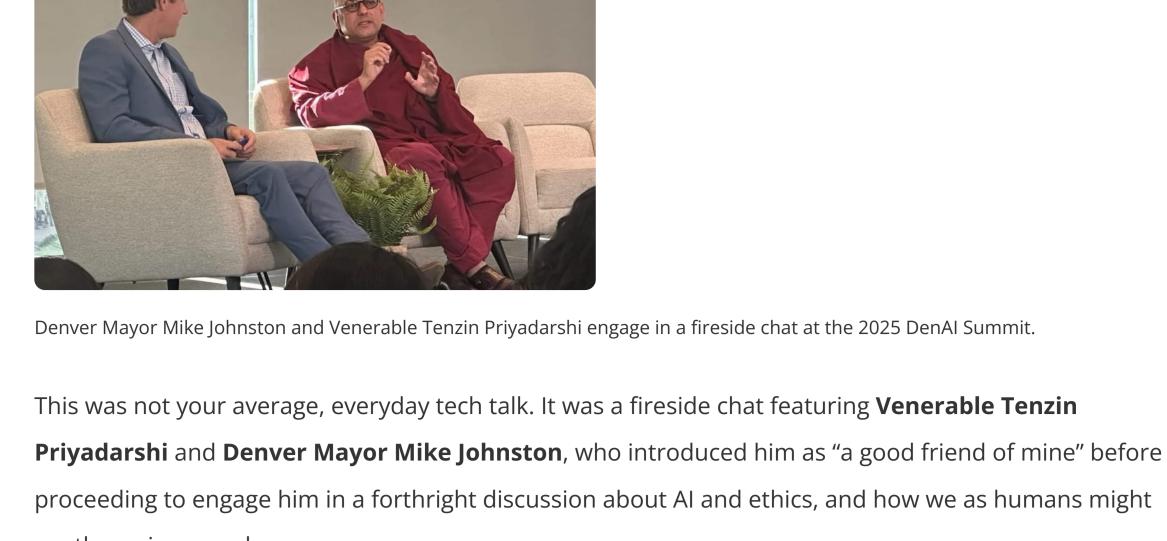
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gently rewire ourselves.

should build with AI - but even more fundamentally, how we as humans need to reevaluate how we think about ethics, empathy, and trust. And throughout the discussion, Venerable Tenzin provided solid ideas on what each of us can do to make the world just a little bit better. Who is Venerable Tenzin? A fascinating individual, for starters. He entered a Buddhist monastery at the

age of 10, later studied at Harvard, and now leads the Dalai Lama Center for Ethics and Transformative

What the audience heard last week was a grounded conversation about how cities and companies

Values at MIT. He's a "philosopher, educator, and polymath monk" who has also spent years around engineers, entrepreneurs, and policymakers. His book, *Running Toward Mystery: The Adventure of an* Unconventional Life, has been described as an honest, enthralling, and elegant memoir about guidance, uncertainty, and the teachers who shaped him – a story about searching and remaining curious while doing real work in the world.

Center turns ethics into practice – building curricula, running decision labs, and prototyping tools that teams can drop into product roadmaps and public-service pilots. In short, he's as comfortable in labs and city halls as he is in monasteries. Johnston opened with the right prompt for an Al-focused audience: As we adopt Al to deliver better services, how do we stay connected to our humanity? Venerable Tenzin answered by focusing on the following three main ideas.

For the last 15 years, I've been mostly focused on trying to come up with useful, innovative

methods of ethical imagination, or promoting ethical imagination, because I realized that the

traditional methods of teaching ethics were not getting very far. And that was one of the sort of

What if 'ethical imagination' is what we need?

audacious challenges I took upon myself.

a lot more new problems.

Venerable Tenzin's Dalai Lama Center is not a traditional think tank; in fact, he calls it a "think-and-do

tank." That phrasing matters. It's an ever-so-subtle jab at research that never leaves the page. His

Venerable Tenzin went on to say that the reason he got into ethical thinking around technology is because he was surrounded for years by some who believed that all the world's problems would be solved by just designing new technologies.

about how you frame the challenge, how you frame the problem. And it does turn out at

He pointed to social media as the cautionary tale: Early warnings about the mental health of our

country's youth were easy for many to ignore, at least until the bill came due some years later.

times that we are designing a lot of solutions without framing the problems properly. So

we don't know what the solutions are actually for ... and in doing so, we actually end up creating

And one of the things that I quickly realized is that, like most good engineering issues, it's all

The still-unfolding lesson of social media Johnston asked for guidance that students, parents, and builders could use regarding social media: How do you engage without getting twisted up? Venerable Tenzin described a pattern that many in the room likely recognized:

[You're having] a great time. You post some photos, and every 10 minutes you're waiting to

see, how many thumbs up do you get? 15 minutes go by... You start self-doubting... The

designers of these algorithms... manipulate this algorithm of validation... to the point that it

starts creating issues about self image... So the more time you spend on it... it's actually

Another practical point from Venerable Tenzin: "You're not in the experience because you're so

Johnston connected the dots: "You don't just lose the affirmation. You lose maybe the purity of the

a game-changer – it supports resilience, problem-solving, and the kind of society you actually want to live

Treat empathy like infrastructure

"Joyful, right?" Venerable Tenzin finished the mayor's thought.

messing up with your behavioral algorithm.

experience that was once -"

**Human emotion is contagious, highly contagious.** You cannot hide it. If you are a kinder human being, that kind of contagion phenomena is much more useful, much more beneficial for society, and it's much needed.

does it really benefit my people... in the short and long term?

civic trust.

deploy, learn, adjust.

around it, improve upon it.

simply because of reach.

them this sense of credit."

Speaking of surveys, Venerable Tenzin showed his strong sense of humor when he offered this advice: Don't send out a 50-questionnaire survey. Do not do that. I often joke with my friends in Bhutan who, sort of, created the genesis of Gross National Happiness. And I jokingly tell them

Two supporting ideas that deserve attention First, there's bias literacy. According to Venerable Tenzin,

And there's the idea of **dignity as the anchor for privacy**:

Maintain curiosity and openness... Don't always think that a critique of your opinion is a critique of your identity... Prefer discernment over judgment. Self-righteousness is easy; being ethical is much more challenging.

Building upon that point, Venerable Tenzin also offered one critical, final lesson for everyone: On the

days when nothing appears to give us hope, that means it's on us to bring hope into the world

Self-righteousness is easy...and hope is on us

For Denver, other cities, and by the way, all types of organizations, the guidance is straightforward: If a tool makes it easier for people to be seen, heard, and helped, it deserves serious consideration. If it trades dignity for speed, take a pass. And finally, put ethics, empathy, and care at the beginning of

the work, not bolted on at the end. That's the ethical mandate.

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Summit attendees walk into a

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concerned about how to record that experience to be able to share with everybody else."

Next, Venerable Tenzin addressed the issue of empathy – or the lack thereof – as more than just a

triviality: "Lack of empathy is a public health issue. Not a nicety. A public health issue. Compassion is

He went on to talk about small cues that make kindness easier to do and feel, because emotion spreads:

in."

Rebuild trust by centering care and co-design

Governments are often 10 to 15 years behind technology. Cities can end up as

consumers of these technologies... Most technologies are not designed with care for people as

the first thing in their mind. And so as city leaders... you have to bring that to the forefront: How

Venerable Tenzin sees a practical role for AI in earning trust, but only if it's used to listen and adapt: The neat thing about AI systems is that you can get real time feedback. You can create

where they are divided... These are mechanisms that government institutions can utilize to build

very fast social movements... very quickly, you recognize what people would like or not like...

Bring people in as co-designers, he added; don't rely on long surveys. Frame a few good questions,

that, you know, if it's a 200 questionnaire, by question 20, their happiness level is going down, right? [Ultimately], the survey doesn't tell us much.

Through it all, Johnston kept the conversation grounded in city service: How do we provide better

The broader message to builders was plain: If your product reshapes attention, dignity, or self-image,

that's not a side effect – that's a problem, and you should not ignore it. You should measure it, design

outcomes without reducing residents to case numbers?

The presumption... is that humans are biased regardless of training... This should be part of the education system... There could be AI educational tools that help humans learn about **their own biases** – to detect them and reprogram them... At scale... these tools may do better...

protect human dignity. Venerable Tenzin also noted, briefly, that compute has a real environmental cost and that leaders should keep energy use visible in plans and procurement. On culture, he pointed to leaders who publicly name contributors as a simple way to encourage shared ownership: "Understand that the more credit

you give, the more shared encouragement you promote in society. You empower people by giving

- that's something that most age groups, most people would agree on, that it's a good idea to

[Different] generations treat privacy very differently... But there are things like human dignity

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and keep building institutions that last.

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